

| MscGen | NrSt | Nazwisko | Zespół/Miejscowość | Ur. | MscKt | Kateg | Brutto | Netto | Km/h | Czas/Km |
|--------|------|---------------------------|----------------------|------|-------|-------|---------|---------|--------|---------|
| 1 | 170 | KOLECKA SYLWIA | KOLECTEAM,ZBASZYNEK | 1977 | 1 | K40 | 41:41 | 41:39 | 14,406 | 4:09 |
| 2 | 107 | MICHNOWICZ EWELINA | KROSNO ODRZANSKIE | 1992 | 1 | K30 | 42:25 | 42:23 | 14,157 | 4:14 |
| 3 | 184 | WACHOWSKA AGNIESZKA | TKKF LABEDZ ZBASZYN | 1988 | 2 | K30 | 42:32 | 42:27 | 14,134 | 4:14 |
| 4 | 153 | SULIKOWSKA EDYTA | SZYBKIE LASKI ,STARO | 1975 | 2 | K40 | 44:20 | 44:17 | 13,549 | 4:25 |
| 5 | 15 | BULTROWICZ MAJA | SZYMANOWSKITEAM,KOSC | 2000 | 1 | K20 | 44:40 | 44:37 | 13,448 | 4:27 |
| 6 | 13 | BRYCHCY-NOWAK PAULINA | TKKF LABEDZ ZBASZYN | 1982 | 3 | K40 | 44:52 | 44:45 | 13,408 | 4:28 |
| 7 | 7 | BAJSEROWICZ ANNA | ZBASZYNEK | 1981 | 4 | K40 | 45:18 | 45:14 | 13,265 | 4:31 |
| 8 | 137 | PRZYBYSZEWSKA LIDIA | SWIEBODZIN | 1980 | 5 | K40 | 47:27 | 47:13 | 12,707 | 4:43 |
| 9 | 150 | STARCZEWSKA IZABELA | ULTRA DIABELY TEM LU | 1970 | 1 | K50 | 48:06 | 48:00 | 12,500 | 4:48 |
| 10 | 156 | SZAR ANETA | DEBNO | 1977 | 6 | K40 | 48:22 | 48:18 | 12,422 | 4:49 |
| 11 | 138 | PRZYGOCKA EWELINA | LEBIODA RUNNING TEAM | 1988 | 3 | K30 | 48:32 | 48:29 | 12,375 | 4:50 |
| 12 | 42 | GRABOWA PAULINA | SWIEBODZIN | 1994 | 2 | K20 | 48:41 | 48:30 | 12,371 | 4:51 |
| 13 | 21 | CHRUŚCIŃSKA JOANNA | BBL SWIEBODZIN,SWIEB | 1997 | 3 | K20 | 49:05 | 49:01 | 12,241 | 4:54 |
| 14 | 192 | WOLSKA MAGDALENA | SWIEBODZIN | 1980 | 7 | K40 | 49:09 | 48:57 | 12,257 | 4:53 |
| 15 | 11 | BORKOWSKA ELŻBIETA | BORKOS TEAM,OLOBOK | 1967 | 2 | K50 | 49:37 | 49:28 | 12,129 | 4:56 |
| 16 | 101 | MAZUR AGNIESZKA | KOLECTEAM,ZBASZYNEK | 1986 | 4 | K30 | 49:57 | 49:53 | 12,028 | 4:59 |
| 17 | 38 | GASSEM MONIKA | TKKF LABEDZ ZBASZYN | 1977 | 8 | K40 | 50:26 | 50:16 | 11,936 | 5:01 |
| 18 | 174 | TAJCHERT LAURA | WOLSZTYN | 1995 | 4 | K20 | 50:38 | 50:31 | 11,877 | 5:03 |
| 19 | 118 | NOWORYTA ELIZA | ULTRA DIABLY TEAM LU | 1981 | 9 | K40 | 51:28 | 51:13 | 11,715 | 5:07 |
| 20 | 66 | KLUJ AGATA | SWIEBODZIN | 1996 | 5 | K20 | 51:29 | 51:24 | 11,673 | 5:08 |
| 21 | 99 | MARZAŁKIEWICZ ADRIANNA | CHMIELINKO | 1995 | 6 | K20 | 52:07 | 51:56 | 11,553 | 5:11 |
| 22 | 76 | KOWALCZYK DOROTA | SWIEBODZIN | 1975 | 10 | K40 | 52:44 | 52:33 | 11,418 | 5:15 |
| 23 | 29 | DOLECKA-JANKIEWICZ MONIKA | NOWY TOMYSL | 1980 | 11 | K40 | 52:53 | 52:45 | 11,374 | 5:16 |
| 24 | 20 | CHOLEWA IZABELA | CYBINKA | 1991 | 5 | K30 | 53:22 | 53:15 | 11,268 | 5:19 |
| 25 | 165 | SZYMKOWIAK ANNA | ZBASZYNEK | 1986 | 6 | K30 | 54:26 | 54:12 | 11,070 | 5:25 |
| 26 | 45 | GRECZYCHO MILENA | ZBASZYNEK | 1992 | 7 | K30 | 54:28 | 54:14 | 11,063 | 5:25 |
| 27 | 63 | KARLICKA DANUTA | BIEGOWA RODZINA,KOZU | 1975 | 12 | K40 | 54:33 | 54:27 | 11,019 | 5:26 |
| 28 | 54 | HOPPEN-ANYSZKO ALICJA | SWIEBODZIN | 1968 | 3 | K50 | 56:09 | 56:00 | 10,714 | 5:36 |
| 29 | 197 | ZIELIŃSKA ANNA | BROJCE | 1994 | 7 | K20 | 56:12 | 56:05 | 10,698 | 5:36 |
| 30 | 140 | RUCIOCH MONIKA | KOLECTEAM,ZBASZYNEK | 1990 | 8 | K30 | 58:40 | 58:29 | 10,259 | 5:50 |
| 31 | 85 | KWIATEK SYLWIA | KOLECTEAM,ZBASZYNEK | 1992 | 9 | K30 | 58:47 | 58:36 | 10,239 | 5:51 |
| 32 | 33 | FABIJAŃCZYK LIDIA | BRUDZEWO | 1986 | 10 | K30 | 1:02:10 | 1:01:58 | 9,683 | 6:11 |
| 33 | 195 | ZAPOTOCZNA KATARZYNA | LUTOL MOKRY | 1991 | 11 | K30 | 1:02:14 | 1:02:00 | 9,677 | 6:12 |
| 34 | 56 | HUTOR JUSTYNA | NOWOSOLSKA GRUPA BIE | 1971 | 4 | K50 | 1:02:49 | 1:02:36 | 9,585 | 6:15 |
| 35 | 110 | MISZTA MILENA | KOLECTEAM,ZBASZYNEK | 1992 | 12 | K30 | 1:02:49 | 1:02:38 | 9,580 | 6:15 |
| 36 | 68 | KNY TERESA | ZBASZYNEK | 1973 | 13 | K40 | 1:03:31 | 1:03:17 | 9,481 | 6:19 |
| 37 | 59 | KACZMAREK ANNA | SWIEBODZIN | 1984 | 13 | K30 | 1:05:45 | 1:05:30 | 9,160 | 6:33 |
| 38 | 134 | PŁOŃCZAK ALEKSANDRA | NOWOSOLSKA GRUPA BIE | 1981 | 14 | K40 | 1:06:16 | 1:06:04 | 9,082 | 6:36 |
| 39 | 122 | ORŁOWSKA JUSTYNA | SWIEBODZIN | 1980 | 15 | K40 | 1:06:22 | 1:06:21 | 9,043 | 6:38 |
| 40 | 51 | GWIAZDA WANDA | SZPROTAWO BIEGAJ,SZP | 1955 | 1 | K60 | 1:06:42 | 1:06:33 | 9,016 | 6:39 |
| 41 | 50 | GRZEBIELUCHA ANNA | SWIEBODZIN | 1970 | 5 | K50 | 1:07:44 | 1:07:30 | 8,889 | 6:45 |
| 42 | 62 | KACZMAREK NATALIA | GRODZISK WLKP | 1990 | 14 | K30 | 1:13:23 | 1:13:06 | 8,208 | 7:18 |
| 43 | 82 | KUNYTSKA SVITLANA | SWIEBODZIN | 1967 | 6 | K50 | 1:28:46 | 1:28:30 | 6,780 | 8:51 |